

- Take the time to check what medicines your residents need. Do not routinely clear medicines stock at the end of the month.
- Medicines such as inhalers, insulin, creams and GTN sprays can be carried forward. They do not need to be re-ordered every month.
- Medicines that are labelled "To be taken as required "or "Use when needed" should be kept at adequate levels. These medicines do not need to be requested every month.
- It is good practice to keep "When required" medicines in the original package. Do not put them in the MDS (tray).
- Speak to the pharmacy to make sure that the medication administration record sheets (MARS) are up to date.
- Never order medicines that are no longer required. You can talk to the GP practice/pharmacist about removing the medicines from the repeat prescription/MARS chart. You can also discuss altering quantities to be more in line with the monthly re-ordering system.
- To prevent wastage of oral nutritional supplements (SIP feeds) residents can drink them throughout the day.
- Audit medicines waste records to see where improvements can be made.

