**‘Opioids Aware’ audit: Returns form**

**Thank you** for completing this audit, we hope you found it useful

**Practice identifier:**

**Practice post code:**

**List size:**

|  |  |
| --- | --- |
| Total number of patients identified by PrescQIPP search (>120mg morphine equivalent per day) |  |
| Total number of patients on >120mg morphine equivalent per dayfor chronic pain (i.e. excluding patients prescribed opioids for acute and palliative/ end of life care indications) |  |

For patients with chronic pain the record demonstrates clearly:

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES, number of patients | NO, number of patients | Comments |
| Drugs prescribed, frequency and dose identified |  |  |  |
| Indication clearly identified |  |  |  |
| Evidence of overuse/misuse |  |  |  |
| Patient has had medication review re CDs in the last 3 months |  |  |  |
| There is co prescribing of Z drugs |  |  |  |
| There is co prescribing of benzodiazepines |  |  |  |
| There is co prescribing of gabapentin or pregabalin |  |  |  |
| The gabapentin dose exceeds 3.6g per day |  |  |  |
| The pregabalin dose exceeds 600mg per day |  |  |  |

**Reflection by GPs: What changes will you/your practice make as a result of this audit?**

Would you like further information/discussion/education/support?

Your email address:

**Please return this form to:** [**England.ea-cdao@nhs.net**](mailto:England.ea-cdao@nhs.net)Please use **Opioids Aware Audit** in the subject line of the email

**Here are links to resources to assist with reflection:**

* Understanding chronic pain (YouTube)a short video clip suitable for professionals and patients alike <https://www.youtube.com/watch?v=C_3phB93rvI>
* Open prescribing: View opioid prescribing of any practice in the country, any CCG and your own prescribing in detail: <https://openprescribing.net>
* The use of opioids in chronic pain: Opioids Aware <https://www.fpm.ac.uk/faculty-of-pain-medicine/opioids-aware> - a superb and massive resource with much helpful advice and information
* Hazards with of combining pregabalin and opioids: <http://www.bristol.ac.uk/news/2017/may/heroinpainkillers.html>
* Hazards of combining gabapentin and opioids: Combination of opioids and gabapentin Gabapentin, opioids, and the risk of opioid-related death: A population-based nested case–control study Tara Gomes ,David N. Juurlink, Published: October 3, 2017

<https://doi.org/10.1371/journal.pmed.1002396>

* PrescQIPP CIC: <https://www.prescqipp.info/> An ‘**NHS** funded not-for-profit organisation
* WHO analgesic ladder: a good concept gone astray; Jane C Ballantyne, professor of anesthesiology and pain medicine, Eija Kalso, professor of pain medicine, Cathy Stannard, consultant in pain medicine BMJ 2016  <http://www.bmj.com/content/352/bmj.i20>
* Brief advice on opioids for chronic pain, fentanyl patches, oxycodone and pregabalin. Also professional support and information <http://www.epione.org.uk>
* Prison Formulary. The formulary supports clinicians in the management of acute or persistent pain and neuropathic pain and includes useful guidance sheets <https://www.england.nhs.uk/commissioning/health-just/health-justice-crg/>
* Webinars:
  + Opioid aware (Webinar):  <https://vimeo.com/238433820/b67646a792>
  + The use of opioids in chronic pain: next steps (Webinar)  <https://vimeo.com/238773840/733950cdb3>
  + Recognising and managing drug seeking behaviour (webinar) <https://vimeo.com/187991515/b6374f1254>