

Polypharmacy and deprescribing concise - High quality e-learning courses from PrescQIPP



This concise course has been specifically developed from our longer Polypharmacy and deprescribing e-learning course, for use by GPs and experienced healthcare practitioners. The longer course may be more suitable for non-medical prescribers and trainee GPs.

Course content

- This e-learning course has five modules, four case studies and a final exam with a 70% pass mark.
- Once the course is passed a certificate of completion will be issued.

MODULE 1

Introduction

MODULE 2

Background to deprescribing

- Highlights the numbers of people taking multiple medicines
- Explains the difference appropriate and potentially inappropriate polypharmacy and defines deprescribing
- Explores medico-legal issues relating to deprescribing

MODULE 3

Multimorbidity

- Key recommendations from the NICE Guidance on Multimorbidity (NG56) guidance – who may benefit and how
- Introduces the Database of Treatment Effects
- How multi-morbidity can contribute to inappropriate polypharmacy and how this might be addressed

MODULE 4

Frailty and end of life care

- Definition, identification and consequences of frailty
- Methods to assess frailty
- High risk medicines in patients with frailty
- How to reduce the medicine (pill) burden in patients with frailty and those approaching end-of-life

MODULE 5

Shared decision making

- How to undertake shared decision-making relating to initiation of medicines, based on what is important to each person in terms of treatments, health priorities, lifestyle and goals
- Introduction to Patient Decision Aids and how to use them

MODULE 6

Medication review

- Importance of medication review.
- What is a “gold standard” medication review?
- Signposts to (and explains) practical resources for undertaking medication review and deprescribing
- These include tools such as IMPACT, STOPP/START, NO TEARS, 7 Steps, Beers Criteria

How to buy and access the course

- The course costs £12.50 (+VAT)
- Purchase at the [PrescQIPP website](https://www.prescqipp.info)



Access the whole range of [PrescQIPP e-learning courses](https://www.prescqipp.info).

PrescQIPP is a not-for-profit company that provides robust, evidence-based resources to NHS and social care organisations to help improve medicines-related care for patients.

All e-learning courses are CPD accredited.

If you have any questions about the courses, please contact

help@prescqipp.info.