

PrescQIPP 2019/20 work plan released

We are pleased to announce the release of the PrescQIPP primary care work plan for 2019/20.

The work plan will be put in the "What's coming up next" section of our website in due course where you will be able to track the progress of each bulletin.

The plan has been put together with extensive input from the whole PrescQIPP community, which started with your input at the PrescQIPP 2018 annual event. The work plan is only as good as the input we receive from you, so thanks to everyone who has contributed along the way.

The work plan consists of new ideas for bulletins, 'voted for' updates to existing bulletins, and skills training courses. We have divided the workplan as agreed by our subscribers:

- Skills and competencies 18%
- QIPP/savings 36%
- Clinical/therapeutic 30%
- Non-clinical Medicines Optimisation -13%
- Other -3%

Further information about the work plan structure

- We have reserved two slots to produce implementation resources for national work, which we are aware is being planned.
- There will be one skills training course every two months.
- Bulletin launch dates have been aligned with predicted drug launches where known. We have spread work plan items evenly throughout the year so that subscribers are not overloaded with materials from one month to the next.
- We have removed any work plan items where we are aware that RMOCs, NICE or other organisations will be producing resources.

We hope this will help you with your project planning for 2019/20. If you have any questions on the work plan, please email us at help@prescqipp.info

Kind regards

The PrescQIPP team



Area						P	lann	ed pe	er r	eviev	v dat	e	
	Bulletin title	Scope	Apr	Ma	y Jı	un J	lul A	ıg Se	рО	ct No	v De	c Jar	n Feb Ma
Care homes	Pharmacy Technician Care homes/domiciliary care medication review and process reviews	Support pack for pharmacy technicians working in care homes/domiciliary care. To include technician level medication reviews, template documents and medication round observation checklist, medicine storage checklist, expiry date guidance, waste review audits. Webinar to support the bulletin.											
Care homes	Care homes - covert administration	Update current bulletin as necessary.											
CNS stimulants and drugs used for ADHD	Modafinil	Update current bulletin with updated prices, usage and saving figures.											
Gastrointestinal	Lactase (Colief), simeticone (Dentinox Colic Drops) and gripe water in the management of infantile colic	Update current bulletin as necessary.		Γ		1	T		T	Ī			
Gastrointestinal/ cardiovascular	Gastroprotection advice with multiple antiplatelets	Comprehensive bulletin on gastroprotection to include up to date evidence, discuss the benefits and harms of long term gastroprotection. Aim to clarify current apparently conflicting advice. Include resources to aid reviewing patients on gastroprotection. Advice on who is suitable for deprescribing an who should remain on gastroprotection? Link to medication safety.											
Low value medicines	Vitamins and minerals	Update current bulletin as necessary. Extend to include all vitamins and minerals such as Vitamin B compound strong.											
Low value medicines	LPP implementation bulletin	Resources to support the implementation of the new low priority prescribing (LPP) list.											
Medicine safety	Medicines without harm	Resources to support the WHO global challenge medicines without harm. Undertake regular medicine safety campaigns throughout 19/20 on the topics such as dependency forming medicines, NSAIDs, insulins, sodium valproate.											
Medicines optimisation	Branded mesalazine prescribing	Update current bulletin as necessary.											



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Area	Bulletin title	Scope	Apr	Ma	ay J	lun	Jul A	Aug S	ер О	ct N	lov [Dec J	an F	eb N	∕lar
Medicines optimisation	Dental products on FP10	Update current bulletin as necessary. Include LVM information and check for any product or price changes.													
Medicines optimisation	LHRH analogues	Update current bulletin as necessary. Check for price changes.													
Medicines optimisation	Formulary/shared care development across STP/ICS Tool	Resources to explain how to develop a formulary or shared care guidelines across STP/ICS. Provide template examples of outputs from these groups such as patient resources to support medicines use in the transition from secondary care to primary care. Patient friendly resources to help pharmacists explain reasons for changes to medicines, cost or improved outcomes. Documentation that is accessible between secondary and primary care. Project plans. Guide to implementing formularies on GP clinical systems. How to use NetFormulary (or similar tools) to produce a system wide local formulary.													
Medicines optimisation	To be confirmed.	Implementation resources to support future new national development.													
Medicines safety	Medicines Safety resource pack for CCGs	Update Medicines Safety Officer in CCGs bulletin. Range of resources for Medicines Safety Officers. Promoting patient safety issues, i.e. yellow card reporting from patients and HCPs. Reinforcing the "do no harm" but promoting what to do when/if harm does occur. Reducing medication errors - simple guide on what to prioritise for new GP practice pharmacists. Guide on drugs that need regular monitoring. Include drugs which may cause QT prolongation, monitoring and guidance. Patient safety searches and audits for pharmacists to do in GP practices, e.g. review patients at risk of AKI, incorrect dosing for NOACs, drugs associated with hospital admissions/readmission and other patient safety indicators on ePACT2.													
Mental health	Melatonin	Update when new product, Slentyo® is lauched (expected April 2019) and cost is known. Licensed for use in children, Slenyto is likely cost pressure unless dose optmisation, rationalisation undertaken. The ADHD bulletin information to be incorporated here and then retired.													



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Area	Bulletin title	Scope	Apr	May	/ Jui	n Jul	Aug	Sep C	Oct N	lov D	ec Jar	Feb	Mar
NOACs	Anticoagulation - VTE prevention in high risk patients	NOAC licence extensions due in 2019-20 for CV events prevention in HF/CAD, VTE prevention in high risk patients, cancer patients on chemotherapy and for the treatment of cancer associated VTE. Resource to promote medicines optimisation in this group of patients. Review resource if RMOC produces guidance on this.											
Nutrition	Enteral feeds/ONS update	Update to current bulletin. Switching to primary care preferred formulations. How to deal with primary/secondary care interface, expectations, formulary. Sip feed spend data. How to manage non dietetic initiation of sip feeds and cost-effective prescribing and deprescribing. Group products by calorie content.											
Nutrition	Video for care home staff on enteral feeds/ONS	Video explaining cost-effective use of enteral feeds and ONS and food first principles aimed at care home staff. To include how to work out MUST scores and use them in the home setting. Avoiding waste of enteral feeds and stopping feeds when appropriate.											
Pain	NSAIDs	Update current bulletin as necessary. Include information on commissioning alternatives to NSAIDs such as psychological support, self care. New GP clinical system NSAID safety searches.											
Pain	Dependency Forming Medications including opioids, analgesic, and benzodiazepines	Information for prescribers and patients on opioid/analgesic/ benzodiazepine deprescribing in patients addicted to these prescribed medicines. Signpost to patient resources already available. Training materials for prescribers. Produce patient leaflets on self help, lifestyle modifications deprescribing, exit strategies, patient contract. Strict guidance on exit strategies on initiation. Develop webkit posters such as dynamic infographics. GP clinical system searches to identify highest risk patients, to be able to audit and support patients in deprescribing. Opioid deprescribing success stories. Provision of resources, to include examples of practical skills to manage withdrawal. Pragmatic stepping down tool. Specific advice on fentanyl lozenges. Develop GP quick and easy read resources on fentanyl for GPs. Audits to focus on pain, benzodiazepines, targeting patients taking high doses of co-codamol i.e. 240mg daily. Consider including dependency forming medicine score. This will be delivered in stages. Consider incorporating hypnotics bulletin. Include non-pharmacological alternatives.											
Pain	Review of tapentadol	Review on tapentadol to support messages about appropriate prescribing. Key points for prescribers. Prescribing data - comparison across CCGs and practices.											



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Area	Bulletin title	Scope	Арг	Ма	уЈ	un J	Jul A	ug S	Sep	Oct	Nov	Dec	Jan	Feb	Mar
Polypharmacy and deprescribing	Deprescribing overview	Rationalisation of current resources and produce practical process flowchart - June. Produce a webinar on the PrescQIPP resources available October. Explore producing templates for clinical systems, one complex gold standard, one quick 10 min fix. Guideline on specific drugs for deprescribing. e.g. ED drugs, antidepressants, PPIs, stopping ONS. Anything that supports this process and simplifies it, e.g. patient videosanimation-check Wessex/letters explaining why medicines are stopped. Education/support for GPs such as how to guides, how can we support clinicians improve their consultation skills to include shared decision making, how can we manage patient expectations? How to safely deprescribe. Tools to help reduce/swap medication. Patient leaflets: drug specific resources, explain about why medicines will be stopped at initiation of first prescription, guidance for prescribers on deprescribing, deprescribng.org. Guidelines on renal function, grey area classification withdrawal signs/symptoms. Deprescribing in specific patient groups, e.g. dementia patients need clearer guidance, patients who fall or at risk of falling. How to quantify the quality aspect of deprescribing. How to record and risk stratify interventions in polypharmacy. Patient information leaflets five points only e.g. laxatives- benefits of short term vs risk of long term use.													
Renal	Acute Kidney Injury (AKI)	Develop resources to support AKI. Resource to support implementation of Sick day guidance individualised to each patient. Patient information leaflets, guide or poster to support this. Agreed medication list to stop during sick days, when and how long for. Searches, resources to support implementation/advice, education material for prescribers. Build on Derbyshire/Salford work. Link to B139 CKD where appropriate. Include environmental temperatures here. Heatwaves and polypharmacy can tip someone into renal impairment/decompensation.													
Self care	Additional self care resources aimed at patients	Animation for summer health and winter illness. Following on from previous themes with amusing characters.													
Skills training	How to use GP clinical systems (for medicine optimisation teams)	IT skills													



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	bulletin title	Scope	Apr	Мау	/ Ju	ın Jı	ul Au	ıg Se	ер О	ct N	lov E	Dec J	an F	eb Mar
Skills training	Understanding drug budgets and prescribing incentive schemes	Medicines optimisation												
Skills training	Medicines optimisation project management	Project management												
Skills training	Critical appraisal of clinical trials and evidence	Clinical												
Skills training	Understanding contracts and tenders - how to request tenders from a medicines optimisation team perspective	Project management												
Skills training	Negotiation, influencing and assertiveness	Leadership												
Specials	Alternative to specials database	Database listing alternatives to using a special (see Notts APC website)/clinical guidelines "Unlicensed Specials - using an alternative" - To replace SPOT-List.												
Waste	Prevent medicine waste in targeted drug groups	Targeted resources aimed at preventing and reducing medicine waste through targeting specific groups of drugs including inhalers, ONS and insulins. New campaign materials.												