

Optimising medicines for adults with type 2 diabetes - High quality e-learning courses from PrescQIPP



The aim of this CPD certified course is to update practitioners on the content of NICE guideline NG28 on the management of type 2 diabetes in adults, and to illustrate how the principles of medicines optimisation can be used to improve the care of patients with diabetes, patient safety and outcomes. The course was developed by PrescQIPP CIC on behalf of the Eastern Academic Health Science Network.

Course content

- This e-learning course has seven modules, three case studies and a final exam with a 80% pass mark.
- Once the course is passed a certificate of completion will be issued.

MODULE 1

Welcome and introduction

MODULE 2

Impact of diabetes and treatment aims

- The prevalence of type 2 diabetes
- The links to obesity and overweight
- Possible complications of type 2 diabetes

MODULE 3

Patient education and lifestyle interventions

- NICE requirements for structured patient education
- The impact of lifestyle on diabetes
- How BMI and waist circumference can be used to assess risk

MODULE 4

Medicines optimisation

- The definition of medicines optimisation and how it can improve patient care
- The concept of shared decision-making with patients
- Patient Decision Aid in the NICE type 2 diabetes guidance
- Tools that can be used to aid medication review

MODULE 5

Blood pressure control and CV risk

- The impact of blood pressure (BP) control on the complications of type 2 diabetes and the BP targets
- The drug choices to control BP
- Understand when a statin should be offered

MODULE 6

Blood glucose control and self-monitoring

- The recommended frequency of HbA1c monitoring
- The HbA1c targets recommended by NICE and when it may be appropriate to relax these targets and why
- The NICE recommendations on self-monitoring of blood glucose

MODULE 7

Blood glucose lowering treatments

- How the Patient Decision Aid in the NICE type 2 diabetes guidance can help with this
- The NICE algorithm for blood glucose lowering treatments
- The initial drug choice and the drug choices for first and second intensifications of treatment, including insulin
- The starting and stopping rules for patients taking GLP-1 mimetics

MODULE 8

Managing complications

- Diabetic foot complications, foot assessment and risk assessment
- Services which should be commissioned for people with diabetic foot problems
- Other complications from type 2 diabetes arising from autonomic neuropathy
- Diabetic eye damage and the NICE guidelines relating to this

How to buy and access the course

- The course costs £12.50 (+VAT)
- Purchase at the [PrescQIPP website](https://www.prescqipp.com)



Access the whole range of [PrescQIPP e-learning courses](https://www.prescqipp.com).

PrescQIPP is a not-for-profit company that provides robust, evidence-based resources to NHS and social care organisations to help improve medicines-related care for patients.

All e-learning courses are CPD accredited.

If you have any questions about the courses, please contact

help@prescqipp.info.